



**THE WESLEY
LUNG FUNCTION
LABORATORY**

People caring for how you
breathe and *sleep*.

All Enquiries and Bookings
Phone **(07) 3870 0858**
Fax **(07) 3870 2608**
Email **lung@tsgq.com.au**

**The Wesley Lung
Function Laboratory**

The Wesley Hospital
Suite 1, Level 9
Evan Thomson Building
24 Chasely Street,
Auchenflower,
Brisbane, Queensland 4066

**Thoracic and Sleep Group
Sleep Centres provide:**

- Diagnostic Sleep Studies
- CPAP titration studies
- Bi-Level titration studies
- Multiple Sleep Latency Test
- Maintenance of
Wakefulness Testing

Location of Sleep Centres

The Wesley Hospital,
Auchenflower, Brisbane
Nambour Selangor Private
Hospital, Sunshine Coast

All enquiries 1800 119 446



Accredited for compliance with
ASA Standard for Sleep
Disorders Services

PHYSICIAN ENQUIRIES

Dr Andrew Scott

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INTERNAL USE ONLY

Physician Signature

LUNG FUNCTION REFERRAL FORM

The Wesley Lung Function Laboratory

Thoracic & Sleep Group (Qld)

ABN 99 125 959 133

www.thoracicandsleep.com.au

Patient's Name: _____ Date of Birth: _____

Address: _____

Telephone Number: _____ Mobile: _____

Email Address: _____ Date of Referral: _____

- Spirometry (before and after bronchodilator)
- Complex Pulmonary Function
+ Spirometry
+ Lung Volumes
+ Gas Transfer
- Bronchial Provocation (mannitol)
- Allergy Skin Testing (see reverse for allergens)
- FeNO (measure of airway inflammation)
- High Altitude Simulation Test
- Six Minute Walk Test
- Nasal Resistance/Rhinomanometry
- Respiratory Muscle Strength MIPs and MEPs
- Cardiopulmonary Exercise Test (Specialist in attendance)

CLINICAL HISTORY

REFERRING DOCTOR DETAILS (include provider number)

Name _____

Address _____

Provider Number _____

Signature _____ Date _____

www.thoracicandsleep.com.au

PLEASE READ THE FOLLOWING SPECIFIC INSTRUCTIONS TO PREPARE FOR YOUR TEST

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)
- Performing vigorous exercise (1 hour)
- Eating a large meal (2 hours)
- Wearing restrictive clothing

It is important that these medications **NOT** be used prior to the test.

6 –8 hours

Inhaled Nonsteroidal Anti-Inflammatory Agents: cromolyn sodium (Intal®); nedocromil sodium (TILADE®)

8 hours

Short-Acting Bronchodilators: Salbutamol (Ventolin®, Asmol®, Airomir®), albuterol (ProAir®), terbutaline sulfate (Bricanyl®)

12 hours

Inhaled Corticosteroids: beclomethasone dipropionate (Qvar®); budesonide (Pulmicort®); fluticasone propionate (Flixotide®, Fluticasone Cipla®), ciclesonide (Alvesco®)

Anticholinergic Bronchodilators: ipratropium bromide (Atrovent®)

24 hours

Inhaled Corticosteroids And Long-Acting Beta2 Agonists Combination Products: fluticasone propionate and salmeterol (Seretide®, Cipla®); budesonide and formoterol fumarate dehydrate (Symbicort®, DuoResp Spiromax®), Fluticasone furoate/vilanterol (Breo Ellipta®)

Long-Acting Bronchodilators: salmeterol xinafoate (Serevent®); formoterol fumarate (Oxis®), idacaterol (Onbrez®)

And: Phosphodiesterase Inhibitors / Adenosine Receptors Theophyllines

72 hours

Long-acting Muscarinic Antagonists: tiotropium bromide (Spiriva®), aclidinium (Bretaris Genuair®), glycopyrronium (Seebri®), umeclidinium (Incruse Ellipta®)

Antihistamines: Over-the-Counter & Prescription brompheniraminemaleate (Dimetapp®); diphenhydramine (Benadryl®); loratadine (Claritin®); cetirizine (Zyrtec®); fexofenadine (Allegra®); levocetirizine dihydrochloride (Xyzel®)

Long-Acting Muscarinic Antagonist/Long-Acting Beta2 Agonist combination: tiotropium/olodaterol (Spiolto®), aclidinium/formoterol (Brimica Genuair®), idacaterol/glycopyrronium (Ultibro Breezhaler®), umeclidinium/vilanterol (Anoro Ellipta®)

Fluticasone/umeclidinium/vilanterol (Trelegy Ellipta®)

Cold and Flu tablets

Nasal sprays: such as Nasonex Allergy®, Rhinocort®, Flixonase®, Avamys®, Beconase®, Omnaris®

4 days

Leukotriene-Receptor Antagonists montelukast sodium (Singulair®, Montelukast®)

Day of Test

Caffeine-containing foods: coffee, tea, cola drinks, chocolate, etc. Vigorous exercise.

Smoking at least six hours prior to testing

Allergen Skin Testing:

72 hours before: Do not take antihistamines such as Claratyne, Zyrtec, Telfast

Allergens: Bahia grass, Bermuda grass, Johnson grass, Grass mix, Southern grass, Ragweed, Perennial rye, Alternaria, Aspergillus, Candida, Penicillium, Cat hair, Dog hair, Cockroach, House dustmite, Egg white, Shrimp, Tomato.

If you are unsure about anything listed above, please contact the Wesley Lung Function Laboratory.

(07) 3870 0858