

# SLEEP STUDY REFERRAL FORM

## THORACIC AND SLEEP GROUP (QUEENSLAND)

ABN 99 125 959 133

### ALL SLEEP CENTRES

Enquiries and Bookings

Phone (07) 3870 1120

or 1800 119 446

Fax (07) 3870 0233

Email [admin@tsgq.com.au](mailto:admin@tsgq.com.au)



Accredited for compliance with  
ASA Standard for Sleep  
Disorders Services

### BRISBANE

The Wesley Hospital

Sleep Disorders Centre

The Wesley Hospital

Suites 2 & 3, Level 9

Evan Thompson Building

24 Chasely Street

Auchenflower Qld 4066

### SUNSHINE COAST

The Sunshine Coast

Sleep Disorders Centre

Nambour Selangor

Private Hospital

62 Netherton Street

Nambour Qld 4560

### PHYSICIAN ENQUIRIES

Dr Andrew Scott

Ph: (07) 3876 8405

Fax: (07) 3870 3212

[scott.reception@tsgq.com.au](mailto:scott.reception@tsgq.com.au)

Patient's Name \_\_\_\_\_ M / F

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_

From November 2018, all referrals require the following screening tests (over page)

- **Epworth Sleepiness Score**  
For a Medicare subsidised sleep study a patient must score 8 or more.
- **STOP BANG Questionnaire**  
For a Medicare subsidised sleep study a patient must score 4 or more.

### TYPE OF STUDY

- Diagnostic Sleep Study  CPAP Titration Study
- Home Sleep Study  Diagnostic Sleep Study with Mandibular Device

**SLEEP / RESPIRATORY PHYSICIAN REVIEW?**  Tick if required

### CLINICAL HISTORY / INDICATIONS

- Snoring
- Excessive Daytime Somnolence
- Witnessed Apnoeas
- Hypertension
- Obesity
- Type II Diabetes
- Depression / Anxiety

### REFERRING DOCTOR DETAILS (include provider number)

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Provider \_\_\_\_\_ Provider Number \_\_\_\_\_

Signature \_\_\_\_\_ Date of Referral \_\_\_\_\_

[www.thoracicansleep.com.au](http://www.thoracicansleep.com.au)



From November 2018, there will be a number of changes to procedures on the Medicare Benefits Schedule (MBS) for Sleep medicine.

Further (more detailed) information about the changes will also be available on the MBS Online website

[www.mbsonline.gov.au](http://www.mbsonline.gov.au)

**Epworth Sleepiness Questionnaire** For a Medicare subsidised sleep study a patient must score 8 or more.

How likely are you to doze off in the following situations?	No Chance	Slight Chance	Moderate Chance	High Chance
Sitting and reading	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Watching television	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting inactive, in a public space	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Lying down to rest in the afternoon when circumstances permit	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting and talking to someone	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting quietly after a lunch without alcohol	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
As a passenger in a car for an hour without a break	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
In a car, while stopped for a few minutes in traffic	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
<b>TOTAL SCORE:</b>				<input style="width: 100px;" type="text"/>

**'STOP BANG' Questionnaire** For a Medicare subsidised sleep study a patient must score 4 or more.

Do you <b>S</b> nore loudly?	<input type="radio"/> Yes	<input type="radio"/> No
Do you often feel <b>T</b> ired?	<input type="radio"/> Yes	<input type="radio"/> No
Has anyone <b>O</b> bserved you stop breathing or choking/gasping during your sleep?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have or are you being treated for high blood <b>P</b> ressure?	<input type="radio"/> Yes	<input type="radio"/> No
Is your <b>B</b> ody mass index more than 35 kg/m <sup>2</sup> ?	<input type="radio"/> Yes	<input type="radio"/> No
Are you <b>A</b> ged older than 50?	<input type="radio"/> Yes	<input type="radio"/> No
Is your <b>N</b> eck size: For male 17 inches / 43cm or larger? For female 16 inches / 41cm or larger? (measured around adams apple)	<input type="radio"/> Yes	<input type="radio"/> No
Is your <b>G</b> ender male?	<input type="radio"/> Yes	<input type="radio"/> No
<b>TOTAL 'YES' ANSWERS:</b>		<input style="width: 100px;" type="text"/>

- We recommend patients undergoing an in-lab sleep study confirm with their private health fund that this is covered
- Patients can claim one home sleep study item per year + three in-lab study items per year
- Sleep study item numbers include: 11203 (diagnostic), 11204 (CPAP), 11250 (home sleep study), 11205 (treatment effectiveness eg: MAS, CPAP review), 12207 (CPAP/BiPAP/ASV), 11208 (repeat diagnostic)
- Doctors can upload electronic referral forms from our website that are compatible with Best Practice, Medical Director, Practix, Genie and ZedMed