# SLEEP STUDY REFERRAL FORM

THORACIC AND SLEEP GROUP (QUEENSLAND)

ABN 99 128 959 133

| Patient's Name  |  |
|---|--|
| Address   |  |
|   |  |
|   |  |
| Date of Birth   |  |
| Phone   |  |
| Mobile  |  |
| DOCTORS USE ONLY  |  |
| TYPE OF STUDY  Diagnostic Sleep Study  Diagnostic Sleep Study with Mandibular Device                | SPECIALIST REFERRALS ONLY  CPAP titration (Initial)  CPAP review study  MSLT / MWT  Bi-level ventilation study |
| SLEEP / RESPIRATORY PHYSICIAN   | REVIEW?  |
| With Dr   |  |
|   |  |
| REFERRING DOCTOR DETAILS (inc.  Name  Address  Phone  Provider Number_  Signature  Date of Referral |  |
|   |  |

# www.thoracicandsleep.com.au

Note - To refer the patients care to the Physician of your choice enter their name in the section "Sleep/Respiratory Physician Review". If left blank the report will be returned to you for followup with your patient.

## **CONTACT US**

#### All Sleep Centre **Enquiries** and **Bookings**

P: (07) 3870 1120 or 1800 119 446 F: (07) 3870 0233 E: admin@tsgq.com.au

#### **All Lung Function Laboratory Enquiries** and Bookings P: (07) 3870 0858

F: (07) 3870 2608 E: lung@tsgq.com.au

#### **CPAP Educator Enquiries**

P: (07) 3870 1120 E: cpap@tsgq.com.au

#### **Pulmonary Hypertension Enquiries**

P: (07) 3876 9033

F: (07) 3871 3222 E: wphu.rn@jfeenstra.com.au

#### **Pulmonary Rehabilitation** Enquiries

P: (07) 3232 7048 and (07) 3232 6233 F: (07) 3232 6508 E: twh.physio@uchealth.com.au

#### **Dr Andrew Scott**

P: (07) 3876 8405 or 1300 A SCOTT F: (07) 3870 3212

E: scott.reception@wesley.com.au

#### **The John Flynn Sleep Centre**

John Flynn Private Hospital Ward 6B, Level 6 42 Inland Drive. Tugun Qld 4224

#### **The Wesley Hospital Sleep Disorders Centre Disorders Centre**

The Wesley Hospital Suite 2&3, Level 9, Evan Thomson Building 24 Chasely St. Auchenflower, Qld 4066

# **The Sunshine Coast Sleep**

Nambour Selangor Private Hospital 62 Netherton St. Nambour Qld 4560

www.thoracicandsleep.com.au

# **About** US...



Function Laboratory The Wesley Pulmonary

Hypertension Unit The Wesley Hospital

Pulmonary Rehabilitation Unit 'Breathwise'

The Wesley Asbestos Research Group

The Wesley Lung Research Group

#### **Sleep** Services The Wesley Hospital Sleep Disorders Centre

John Flynn Sleep Centre

The Sunshine Coast Sleep Disorders Centre

The Wesley Sleep Research Group



QUEENSLAND

People caring for how you breathe and sleep.

www.thoracicandsleep.com.au

#### SLEEP SERVICES

#### **Daily Clinics**

The Wesley Hospital - Brisbane



Regular Regional Clinics

Toowoomba - Gold Coast - Sunshine Coast - Wynnum

#### **Sleep Disorders Centres**

The Wesley Hospital Sleep Disorders Centre - Brisbane
The John Flynn Sleep Centre - Gold Coast
Sunshine Coast Sleep Disorders Centre - Sunshine Coast

#### Sleep Disorders we diagnose and treat:

Obstructive Sleep Apnoea

Restless Legs Syndrome

Insomnia

Narcolepsy

**Parasomnias** 

#### Sleep Disorders and Health Effects:

Shift work and Occupational Health

Depression, Anxiety and Psychological Health

Heart disease and Cardiovascular Health

Women and Men's Health

Sleep and Aging

Stroke and Cerebrovascular Health

Screening in the Mining Industry

#### **CPAP Education Clinics**

Brisbane - Gold Coast - Toowoomba

- The educators provide full training, education and support provided in conjunction with specialist medical clinics.

## THORACIC SERVICES

The Wesley Lung Function Laboratory

This comprehensive, state of the art lung function lab has the ability to test for all respiratory disorders:

# All Lung Function Tests are Bulk Billed

Testing services include:

- Spirometry (before and after bronchodilator)
- Flow volume loops (before and after bronchodilator)
- Lung volumes and CO Transfer
- Bronchial Provocation (Mannitol)
- Allergen Skin Testing
- FeNO (for airway inflammation)
- High Altitude Simulation Test
- Six Minute Walk Test
- Nasal Resistance
- Cardiopulmonary Exercise Test (CPET)

## The Wesley Pulmonary Hypertension Unit

The Wesley Hospital is a designated Australian treatment centre for Pulmonary Hypertension with Federal funding for pulmonary vasodilator therapy, including parenteral, inhaled and oral vasoactive agents. The unit comprises our Thoracic Physicians, a specialist cardiologist and specialist RN.

# The Wesley Hospital Pulmonary Rehabilitation Unit 'Breathwise'

Breathwise, a pulmonary rehabilitation programme based at The Wesley Hospital, focuses on a multi-disciplinary outpatient programme for patients with chronic lung disease, particularly COPD. The primary aims are to reduce the disability and handicap of chronic lung diseases and to restore patients to the highest possible level of independent functioning.

## The Wesley Asbestos Research Group

Unique in Queensland, this group facilitates research and raises awareness of asbestos-related diseases both to the medical fraternity and the general community, This group was launched by Karen Banton, widow of mesothelioma victim and asbestos campaigner Bernie Banton.

# MEDICAL RESOURCES AND RESEARCH UPDATES

Sleep and Thoracic Educational Resources for GP's:

#### GP E - Newsletters

Regular news articles with the latest in sleep and thoracic medicine. Join our mailing list through the website or view past articles online.

#### **Educational GP Visits**

Contact us for a visit from our Education Team. Our scientific staff will visit your practice with updates on current practice in sleep and respiratory medicine. Demonstrations of latest CPAP technology and lung function testing are available.

#### **GP Educational Talks**

TSGQ specialists provide regular dinners providing interesting and informative updates for GP's regarding sleep and thoracic medicine.

# DR ANDREW SCOTT

Dr Andrew Scott is a Thoracic and Sleep Physician plus CEO and Director of Thoracic and Sleep Group (QLD). He has 15 years experience in Sleep Medicine, having worked in major sleep units in Brisbane, Sydney and Cambridge (UK). He is Medical Director of The Wesley Hospital Pulmonary Rehabilitation Programme and has published in the areas of sleep medicine, infectious diseases of the lung, thoracic oncology, transplant medicine, cystic fibrosis, autoimmune lung disorders and thoracic surgery.

He has also practiced in the area of lung transplantation developing skills in complex interventional bronchoscopy including airway stenting and laser therapy. He is a Senior Lecturer in Medicine with the University of Queensland.

