

SLEEP STUDY REFERRAL FORM

THORACIC AND SLEEP GROUP (QUEENSLAND)

ABN 99 125 959 133

ALL SLEEP CENTRES

Enquiries and Bookings

Phone (07) 3870 1120

or 1800 119 446

Fax (07) 3870 0233

Email admin@tsgq.com.au



Accredited for compliance with
ASA Standard for Sleep
Disorders Services

BRISBANE

The Wesley Hospital

Sleep Disorders Centre

The Wesley Hospital

Suites 2 & 3, Level 9

Evan Thompson Building

24 Chasely Street

Auchenflower Qld 4066

SUNSHINE COAST

The Sunshine Coast

Sleep Disorders Centre

Nambour Selangor

Private Hospital

62 Netherton Street

Nambour Qld 4560

PHYSICIAN ENQUIRIES

Dr Andrew Scott

Ph: (07) 3876 8405

Fax: (07) 3870 3212

scott.reception@tsgq.com.au

Patient's Name _____ M / F

Address _____

_____ Date of Birth _____

Phone _____ Mobile _____

TYPE OF STUDY

- Diagnostic Sleep Study
- Diagnostic Sleep Study with Mandibular Device
- Home Sleep Study
- On Ward Sleep Study

The Wesley Home Sleep Service

SPECIALIST REFERRALS ONLY

CPAP titration (Initial)

CPAP review study

MSLT / MWT

Bi-level ventilation study

CLINICAL HISTORY / INDICATIONS

- Snoring
- Excessive Daytime Somnolence
- Witnessed Apnoeas
- Hypertension
- Obesity
- Type II Diabetes
- Depression / Anxiety

SLEEP / RESPIRATORY PHYSICIAN REVIEW?

With Dr. _____

REFERRING DOCTOR DETAILS (include provider number)

Name _____

Address _____

Phone _____

Provider _____ Provider Number _____

Signature _____ Date of Referral _____

www.thoracicansleep.com.au



Epworth Sleepiness Scale (ESS)

How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling a little bit tired? This refers to your usual way of life in recent times. If you haven't done some of these activities recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation. It is important to circle a number for EVERY situation.

0 = You would never doze off

1 = There is a slight chance of dozing

2 = There is a moderate chance of dozing

3 = There is a high chance of dozing

Sitting and reading	0	1	2	3
Watching TV	0	1	2	3
Sitting inactive in a public place (eg theatre or a meeting)	0	1	2	3
As a passenger in a car for an hour without a break	0	1	2	3
Lying down in the afternoon when circumstances permit	0	1	2	3
Sitting and talking to someone	0	1	2	3
Sitting quietly after lunch without alcohol	0	1	2	3
In a car, while stopped in traffic for a few minutes	0	1	2	3

Total ESS: /24

- We recommend patients undergoing an in-lab sleep study confirm with their private health fund that this is covered.
- The item number for an in-lab sleep study is 12203
- Patients can claim for up to three "in-lab" sleep studies, per calendar year
- Patients can claim one home based sleep study, per calendar year
- Doctors can upload electronic referral forms from our website that are compatible with Best Practice, Medical Director, Practix, Genie and ZedMed
- Payment plans for CPAP hire and purchase are available for financially disadvantaged patients.