



**THE WESLEY  
LUNG FUNCTION**  
LABORATORY

People caring for how you  
*breathe* and *sleep*.

All Enquiries and Bookings

Phone **(07) 3870 0858**

Fax **(07) 3870 2608**

Email **lung@tsgq.com.au**

**The Wesley Lung  
Function Laboratory**

The Wesley Hospital  
Suite 1, Level 9  
Evan Thomson Building  
24 Chasely Street,  
Auchenflower,  
Brisbane, Queensland 4066

**Thoracic and Sleep Group  
Sleep Centres provide:**

- Diagnostic Sleep Studies
- CPAP titration studies
- Bi-Level titration studies
- Multiple Sleep Latency Test
- Maintenance of  
Wakefulness Testing

**Location of Sleep Centres**

The Wesley Hospital,  
Auchenflower, Brisbane  
Nambour Selangor Private  
Hospital, Sunshine Coast

**All enquiries 1800 119 446**

**PHYSICIAN ENQUIRIES**

**Dr Andrew Scott**

Ph: (07) 3876 8405

Fax: (07) 3870 3212

scott.reception@tsgq.com.au

**INTERNAL USE ONLY**

Physician Signature

# LUNG FUNCTION REFERRAL FORM

## The Wesley Lung Function Laboratory

Thoracic & Sleep Group (Qld)

ABN 99 125 959 133

www.thoracicandsleep.com.au

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Referral: \_\_\_\_\_

- Spirometry (before and after bronchodilator)
- Complex Pulmonary Function
  - + Spirometry
  - + Lung Volumes
  - + Gas Transfer
- Bronchial Provocation (mannitol)
- Allergen Skin Testing (see reverse for allergens)
- FeNO (measure of airway inflammation)
- High Altitude Simulation Test
- Six Minute Walk Test
- Nasal Resistance/Rhinomanometry
- Respiratory Muscle Strength MIPs and MEPs
- Cardiopulmonary Exercise Test (Specialist in attendance)

**CLINICAL HISTORY**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**REFERRING DOCTOR DETAILS (include provider number)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Provider Number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



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### PATIENT INSTRUCTIONS

All patients are asked to refrain from the following before their test:

- Smoking (1 hour)
- Consuming alcohol or caffeinated drinks (4 hours)
- Performing vigorous exercise (1 hour)
- Eating a large meal (2 hours)
- Wearing restrictive clothing

### PLEASE READ THE FOLLOWING SPECIFIC INSTRUCTIONS TO PREPARE FOR YOUR TEST

#### 1. Spirometry before and after bronchodilator, and FeNO.

**4 hours before** – do not take relievers such as Ventolin, Bricanyl, Atrovent, Asmol, Airomir

**12 hours before** – do not take long acting relievers such as Foradil, Oxis, Serevent

#### 2. Bronchial Provocation Testing

**8 hours before** – do not take relievers such as Ventolin, Bricanyl, Atrovent, Asmol, Airomir

**24 hours before** – do not take relievers such as Atrovent

**48 hours before** – do not take long acting relievers such as Serevent, Spiriva, Oxis

**72 hours before** – do not take antihistamines such as Claratyne, Zyrtec, Telfast

#### 3. Allergen Skin Testing

**Allergens** Bahia grass, Bermuda grass, Johnson grass, Grass mix, Southern grass, Ragweed, Perennial rye, Altenaria, Aspergillus, Candida, Penicillium, Cat hair, Dog hair, Cockroach, House dustmite, Egg white, Shrimp, Tomato

**72 hours before** – do not take antihistamines such as Claratyne, Zyrtec, Telfast

#### 4. Nasal Resistance

**4 hours before** – do not use vasoconstrictors