

SLEEP STUDY REFERRAL FORM

THORACIC AND SLEEP GROUP (QUEENSLAND)

ABN 99 125 959 133

ALL SLEEP CENTRES

Enquiries and Bookings

Phone (07) 3870 1120

or 1800 119 446

Fax (07) 3870 0233

Email admin@tsgq.com.au



Accredited for compliance with
ASA Standard for Sleep
Disorders Services

BRISBANE

The Wesley Hospital

Sleep Disorders Centre

The Wesley Hospital

Suites 2 & 3, Level 9

Evan Thompson Building

24 Chasely Street

Auchenflower Qld 4066

SUNSHINE COAST

The Sunshine Coast

Sleep Disorders Centre

Nambour Selangor

Private Hospital

62 Netherton Street

Nambour Qld 4560

PHYSICIAN ENQUIRIES

Dr Andrew Scott

Ph: (07) 3876 8405

Fax: (07) 3870 3212

scott.reception@tsgq.com.au

Patient's Name _____ M / F

Address _____

_____ Date of Birth _____

Phone _____ Mobile _____

From March 2021, all referrals require the following screening tests (see page 2)

- Epworth Sleepiness Score**

For a Medicare subsidised sleep study a patient must score 8 or more

- STOP BANG Questionnaire**

For a Medicare subsidised sleep study a patient must score 3 or more.

TYPE OF STUDY

☐ Diagnostic Sleep Study

☐ CPAP titration

☐ Home Sleep Study

☐ Diagnostic Sleep Study
with Mandibular Device

SLEEP / RESPIRATORY PHYSICIAN REVIEW?

☐ Tick if required

CLINICAL HISTORY / INDICATIONS

- ☐ Snoring
- ☐ Excessive Daytime Somnolence
- ☐ Witnessed Apnoeas
- ☐ Hypertension
- ☐ Obesity
- ☐ Type II Diabetes
- ☐ Depression / Anxiety

REFERRING DOCTOR DETAILS (include provider number)

Name _____

Address _____

Phone _____

Provider _____ Provider Number _____

Signature _____ Date of Referral _____

www.thoracicansleep.com.au



From March 2021, there will be a change to procedures on the Medicare Benefits Schedule (MBS) for Sleep medicine.

Further (more detailed) information about the changes will also be available on the MBS Online website www.mbsonline.gov.au

Epworth Sleepiness Questionnaire For a Medicare subsidised sleep study a patient must score 8 or more.

How likely are you to doze off in the following situations?

	No Chance	Slight Chance	Moderate Chance	High Chance
Sitting and reading	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Watching television	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting inactive, in a public space	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Lying down to rest in the afternoon when circumstances permit	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting and talking to someone	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
Sitting quietly after a lunch without alcohol	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
As a passenger in a car for an hour without a break	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3
In a car, while stopped for a few minutes in traffic	<input type="radio"/> 0	<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3

TOTAL SCORE:

“STOP BANG” Questionnaire For a Medicare subsidised sleep study a patient must score 3 or more.

Do you S nore loudly?	<input type="radio"/> Yes	<input type="radio"/> No
Do you often feel T ired?	<input type="radio"/> Yes	<input type="radio"/> No
Has anyone O bserved you stop breathing or choking/gasping during your sleep?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have or are you being treated for high blood P ressure?	<input type="radio"/> Yes	<input type="radio"/> No
Is your B ody mass index more than 35 kg/m ² ?	<input type="radio"/> Yes	<input type="radio"/> No
Are you A ged older than 50?	<input type="radio"/> Yes	<input type="radio"/> No
Is your N eck size: For male 17 inches / 43cm or larger? For female 16 inches / 41cm or larger? (measured around adams apple)	<input type="radio"/> Yes	<input type="radio"/> No
Is your G ender male?	<input type="radio"/> Yes	<input type="radio"/> No

TOTAL ‘YES’ ANSWERS:

- We recommend patients undergoing an in-lab sleep study confirm with their private health fund that this is covered
- Patients can claim one home sleep study item per year + three in-lab study items per year
- Sleep study item numbers include: 12203 (diagnostic), 12204 (CPAP), 12250 (home sleep study), 12205 (treatment effectiveness eg: MAS, CPAP review), 12207 (CPAP/BiPAP/ASV), 12208 (repeat diagnostic)
- Doctors can upload electronic referral forms from our website that are compatible with Best Practice, Medical Director, Practix, Genie and ZedMed

www.thoracicansleep.com.au